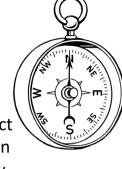
#### My daily moral inventory

Liabilities	Assets
WATCH FOR:	STRIVE FOR:
Self-pity	Self-forgetfulness
Self-justification	Humility
Self-importance	Modesty
Self-condemnation	Self-evaluation
Dishonesty	Honesty
Impatience	Patience
Hate	Love
Resentment	Forgiveness
False pride	Simplicity
Jealousy	Trust
Envy	Generosity
Laziness	Activity
Procrastination	Promptness
Insincerity	Straightforwardness
Negative thinking	Positive thinking
Vulgarity, Immorality	High-mindedness, Spirituality
Trashy thinking	Clean thinking
Criticising	Looking for the good

### **Compass**

Family life: Who we are and where we came from and as we walk the path, we are transformed as we encounter the other.

Oblate Formation: a space we share to reconnect with the brothers we know well and to engage in fellowship with brothers we meet along the way.





# **Signposts**

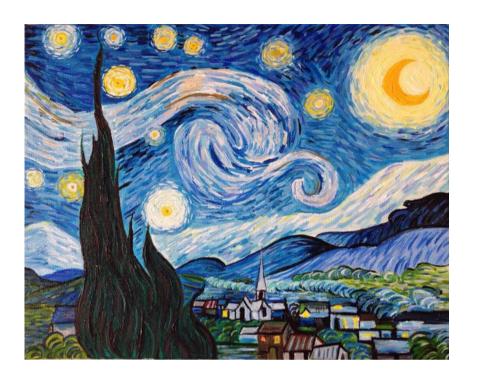
- Scripture and personal prayer. Constitutions and Rules: Going back to our roots affirms the Church as she goes forward proclaiming the Gospel.
- C68.
- Spiritual Direction/Discernment
- The Oblate Community

### **Potholes**

- Isolation
- Individualism
- Addictive Behaviour

Our Units should have dedicated time to discuss difficult issues we face within our communities and provide space for healing and reconciliation [PHC 8.4]





Vincent Van Gogh "Starry Night"

Our identity as pilgrims call is to "achieve unity in out life only in and through Jesus Christ" (C31). Our Constitutions and Rules set out a privileged means for each Oblate to follow in the footsteps of Jesus Christ and to allow each Oblate to evaluate the quality of his response to his vocation and to become a saint (C163)



Queen of Apostles Retreat Centre, Mississauga, ON

Oblate Perseverance – Continuing to be Pilgrims of Hope in Communion

## **Pilgrims**



Nocturne Op9 No2 F. Chopin